



Sleep medicine course autumn semester lectures continue next week on Wednesday 14th September 2022 at 16.00-18.00. You are warmly welcome to follow the lectures:

“Treatment of nocturnal respiratory failure in different diseases (COPD, OHS, neuromuscular and thoracic diseases).”

D.Med.Sc. Ulla Anttalainen

“Sleep related movement disorders”

MD, PhD Tomi Sarkanen

Zoom link:

<https://helsinki.zoom.us/j/69483257796?pwd=Vm8zbFNmeXdmU2k5d0NxWVgxUWdqQT09>

Meeting ID: 694 8325 7796

Passcode: 416707

The 2-year Sleep medicine course is organized jointly by the Universities of Helsinki and Turku.

Learn about the content of the course and the autumn program:

<https://www2.helsinki.fi/en/researchgroups/sleepwell/sleep-school>

Autumn schedule

September 14 at 16.00-18.00

19. *Treatment of nocturnal respiratory failure in different diseases (COPD, OHS, neuromuscular and thoracic diseases).*

D.Med.Sc. Ulla Anttalainen

20. *Sleep related movement disorders.*

MD, PhD Tomi Sarkanen

October 12th at 16.00-18.00

21. *Central hypersomnias 1.*

MD, PhD Salla Lamusuo

22. *Central hypersomnias 2.*

MD, PhD Tomi Sarkanen

November 16th at 16.00-18.00

23. *Circadian rhythm disorders.*

Prof Timo Partonen

24. *Parasomnias.*

MD, PhD, Docent Katinka Tuisku

December 14th at 16.00-18.00

25. *Sleep and sleep disorders during childhood and adolescence.*

Docent Juulia Paavonen

26. *Sleep in adulthood and elderly.*

PhD (Psychology) Saana Myllyntausta