



PROGRAM OVERVIEW

June 06th, 2013

Time	Room 8	Room 9
08:30-09:15	Welcome speech: Markku Partinen : Sleep history, past and future	
09:15-10:00	Insomnia current status: Bjørn Bjorvatn : Insomnia - with focus on treatment options. Lone Bondrup : Sleep disturbances in schizophrenia	
10:00-10:45	Sleep apnea: Maria Värend Upp (<i>to be confirmed</i>). Marianne Pedersen : Sleep apnea and sexual function (<i>to be confirmed</i>).	
10:45-11:15	Coffee break in the exhibition and poster area	
11:15-12:00	Sleep and children/adolescents: O.Nørregård : Sleep apnea and sleep disordered breathing in children; Ingvild Saxvig : delayed sleep phase in children/adolescents	Parasomnia and nocturnal epileptic seizures - a video EEG session: Sándor Beniczky , Martin Ejler Fabricius
12:00-12:45	Clinical cases - S. Knudsen	Sleep and metabolism: Lars Klingenberg : Acute Effects of Insufficient Sleep on Energy Balance; and Lise Tarnow .
12:45-13:45	Lunch	Lunch
13:45-14:30	Insomnia/circadian rhythms - short presentations.	The borderland of hypersomnias: Issues in the management of the sleepy patient; Stine Knudsen
14:30-15:15	Technical issues: Miki Nikolic (<i>To be confirmed</i>); Julie Christensen : Classification of iRBD and PD patients based on eye movements during sleep.	Sleep and headache. Classification and management: Rigmor Jensen (<i>to be confirmed</i>); Mads Barløse : Cluster headache and associated sleep disorders and neurobiology
15:15-15:45	Coffee break in the exhibition and poster area	
15:45-16:15	Philips symposium	Mini oral/poster
16:15-17:00		Mini oral/poster
19:30	Optional dinner at Brew Pub	

June 07th, 2013

Time	Room 8	Room 9
08:30-09:15	Narcolepsy and immunology - the vaccination story: M.Partinen : Post-Pandemrix narcolepsy in Finland; Mona S. Heier (NO): 'Post-pandemrix narcolepsy in Norway	Hypoventilation syndromes: Definition, causes, prognoses and management: M. Felding : Sleep and hypoventilation - definition, causes and management; Philip Tønnesen : COPD and sleep
09:15-10:00	Sleep and aging - the borderland between normality and disease; Kirsten Avlund : Fatigue in daily life – an early marker of disease or a marker of burden of disease? Linda Waller : Sleep pattern and cognitive function in middle aged men the 1953 Danish Metropolitan Cohort	Basic mechanism of sleep-wake regulation: K.Gautvik Hypocretins and their physiological roles, T. Stenberg
10:00-10:45	Light and circadian rhythms: Morten Møller : Central and peripheral circadian pacemakers; Adam Elias Brønsted : The effect of cataract on circadian photoentrainment	Societal burden of sleep disorders: P. Jennum : Sleep disorders and the society (DK); Mahssa Karimi : Strong evidence for an increased traffic accident risk in OSA - data from a nationwide accident registry
10:00-10:45	Coffee break in the exhibition and poster area	



June 07th, 2013

Time	Room 8	Room 9
11:15-12:00	Sleep and immunology in Narcolepsy; B. Kornum (DK); Seppo Meri : Antineuronal antibodies in Pandemrix-induced narcolepsy	CSN hypersomnias - update: S. Knudsen ; M. Landt blom : Update Klein Levin Syndrome
12:00-12:45	Clinical cases - S. Knudsen	Sleep apnea and cardiovascular diseases. Harald Hrubos-Strøm : Does treatment affect health outcome; Prediction of cardiovascular risk in sleep apnea using simplified diagnostic tools: Ludger Grote
12:45-13:45	Lunch	
13:45-14:30	Sleep and genetics: Thorarinn Gislasson : Genetics of obstructive sleep apnea - Future perspectives	Hands on: PSG, MSLT
14:30-15:15	Narcolepsy - short presentations; Line Pickering Jakobsen : Sleep and hypothalamic function in Craniopharyngeomas; Jens D. Mikkelsen : Increased serum brain-derived neurotrophic factor (BDNF) levels in patients with narcolepsy: A relevant marker of neuronal regeneration?	Hands on: CRM and CPAP; Camilla (DK) <i>To be confirmed</i>
15:15-15:45	Coffee break in the exhibition and poster area	
15:45-16:15	Sleep medicine in the nordic countries: Denmark, Norway, Sweden. Presidents of societies	
16:15-17:00	Sleep medicine in the nordic countries: Finland, Iceland, Balticum, Estonia. Presidents of societies	
17:10-17:45	Free communications	
18:30	Copenhagen Canal Cruising and Congress Dinner at the Odd Fellow Mansion	

June 08th, 2013

Time	Room 8	Room 9
08:30-09:15	Sleep apnea - update Jan Hedner : News and insights from the European Sleep Apnea (ESADA) database; Ludger Grote : Sleep Apnea Management in Europe	Animal studies in sleep: Janne Grønli : Stress and sleep in rats; Ove Wiborg : Circadian rhythm disturbances in a rat model of depression
09:15-10:00	Sleep in surgery and intensive care medicine; Ismail Gogenur - Circadian factors in surgical healing (DK); Julia Boyko (DK)- Sleep in the intensive care unit	Sleep in ADHD. A. Virring Sørensen : Sleep and ADHD a case control study; Berit H. Hansen : Sleep problems in children with anxiety and ADHD
10:00-10:45	Sleep and neurology. Poul Jennum : Comorbidities in RBD; M. Zoetmulder : iRBD and the nigrostriatal dopamine system	Restless legs syndrome an update. Michaela D. Gjerstad : RLS in neurodegenerative diseases: an overview; Bryndis Benediktsdottir : The complex relationship between RLS and sleep apnea.
10:45-11:15	Coffee break in the exhibition and poster area	
11:15-12:45	Closing Ceremony	